



Be an expert parent

AFTER THE MATCH



What NOT to Say

Did you win?

You played rubbish

Why did you do that?

You're so talented

False praise

You were so much better than X

It doesn't matter

What to Say

Did you have fun?

How did you play?

What did you learn?

What would you do differently next week?

Did you try your hardest?

I'm proud of you

I love you